## 'WORKING TOGETHER GROUP' FOR CARERS\*

WITH NHS EAST LONDON FOUNDATION TRUST

## THURSDAY 26TH MAY 2022 2.30PM - 4.30PM ON ZOOM VIDEO ONLINE

JOIN OUR CONVERSATION ABOUT TRANSFORMING MENTAL HEALTH SERVICES IN EAST LONDON AND BE WELCOMED INTO OUR FAMILY OF CARERS LIKE YOURSELF

This WTG is part of our 'People Participation' programme and will be open to all Carers living in or caring for those in the London Boroughs of Tower Hamlets, Newham or City of London & Hackney. A flexible opportunity to take part as and when you can.

COMMUNITY
INTELLIGENCE
AND INSIGHT

INNOVATION
AND IDEAS
FOR
IMPROVEMENT

TESTING,
TRIALLING
AND
EVALUATING
NEW IDEAS

LAUNCHING
NEW SERVICES
DESIGNED FOR
CARERS BY
CARERS

COSY CARERS
CORNER WITH
WARM DRINKS
AND A SWEET
TREAT

ONGOING
FREE TRAINING
AND
CONFIDENCEBUILDING

REGISTER on Zoom via https://bit.ly/3sEEIvU or scan our QR code using your smartphone camera

## **ELIGIBLE PARTICIPANTS WILL BE PAID £20.00 FOR THEIR PARTICIPATION**

If you have now missed this event you can register to People Participation to stay updated on our upcoming events by completing our <u>'Getting to Know You' form here https://bit.ly/3k9y2AW or emailing: heena.patel20@nhs.net</u>.



COMMUNITY MENTAL
HEALTH TRANSFORMATION
PROGRAMME





\*Carers is the term we use to recognise friends, family, neighbours, partners or others that spend unpaid time supporting the needs of someone else's health and wellbeing - beyond what may be average or most commonly expected.